

Welcome to UBIKO LIVE

Are you ready to improve the performance of your players, protecting their health, and unlocking your team's full potential through the use of cutting-edge technology?

UBIKO LIVE is designed to assist you throughout this process by providing a vast array of high-value metrics and information for your work. We offer you a simple, agile, and comprehensive experience.

Join the game and level up!

1. First steps

To begin your experience with UBIKO, follow the steps below. Of course, if you have any questions, our entire team is here to assist you throughout the process and maximize your team's performance.

1

Sign up for the UBIKO platform.

Request access credentials for the different roles on your team (players, coach, physical trainer, analysts, etc.).

2

Download the UBIKO application (available for iOS and Android) to initiate real-time sessions, analyze your sessions, and monitor the progress of your players.



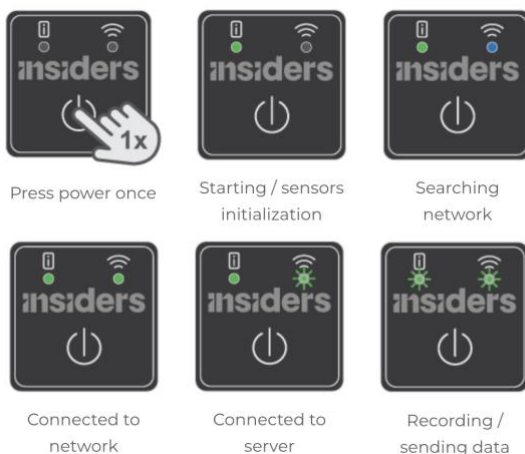
3

Access your web panel for advanced management (threshold configuration, team, and staff management, etc.) and advanced monitoring (session reports, data export, etc.).

<https://play.ubikosports.com>



Turn on your sensors and start the game...







4



2. Initial setup and configuration of the team

Once you receive the registration email for the UBIKO LIVE platform, you will be able to access the web management panel (<https://play.ubikosports.com>) and configure the various physical metric thresholds for your team.

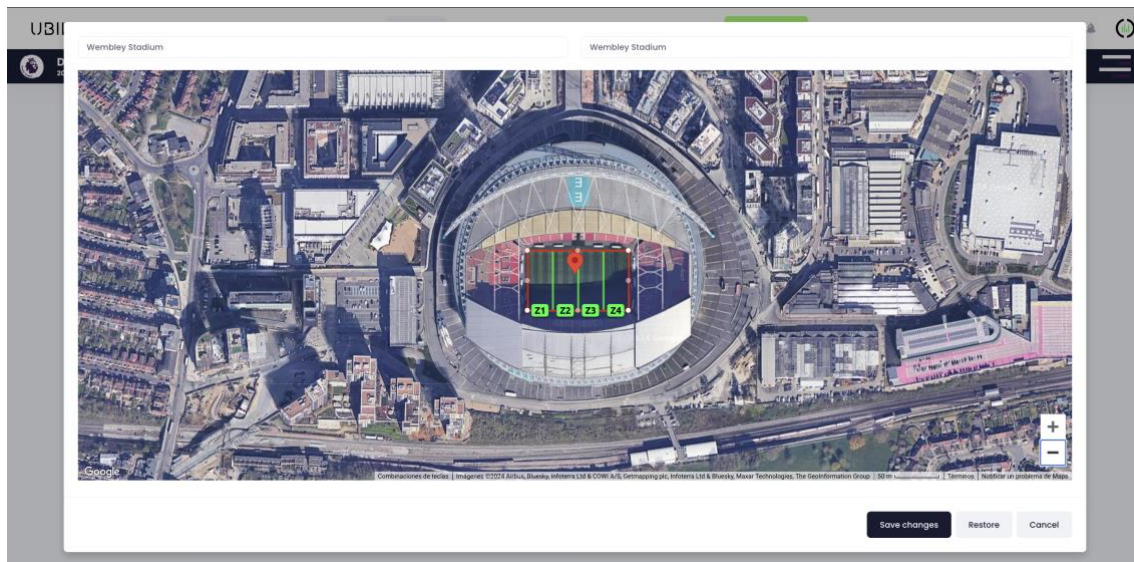
- Access <https://play.ubikosports.com> using your email and password.
- Click on the button  located in the top right corner.
- In the list of available teams, click on the button  of the team you wish to edit.
- Adjust the thresholds according to your needs and click on the "Update Team".

<p> HeartRate zones according to Máx. HR of the player</p> <p>Very soft * Soft * Moderate * Intense *</p> <p>60 70 80 90</p>				<p> Speed zones (km/h)</p> <p>Walking * Jogging * Low * Medium * High * Sprint *</p> <p>1 4 7 14 21 24</p>			
<p> Accelerations / Deceleration (m/s²)</p> <p>Half * Explosive * ACC/DCC min duration</p> <p>1,8 2,5 0.4</p>			<p> HSR (km/h)</p> <p>HSR *</p> <p>21</p>				
<p> Configuración adicional</p> <p>Licencia</p> <p>Advanced</p>				<p> Training and reporting planning parameters</p> <p>Competition unit threshold (min) * 2</p> <p>Competition unit threshold (max) * 3</p> <p>Minutes play required per match (MD5) * 70</p>			

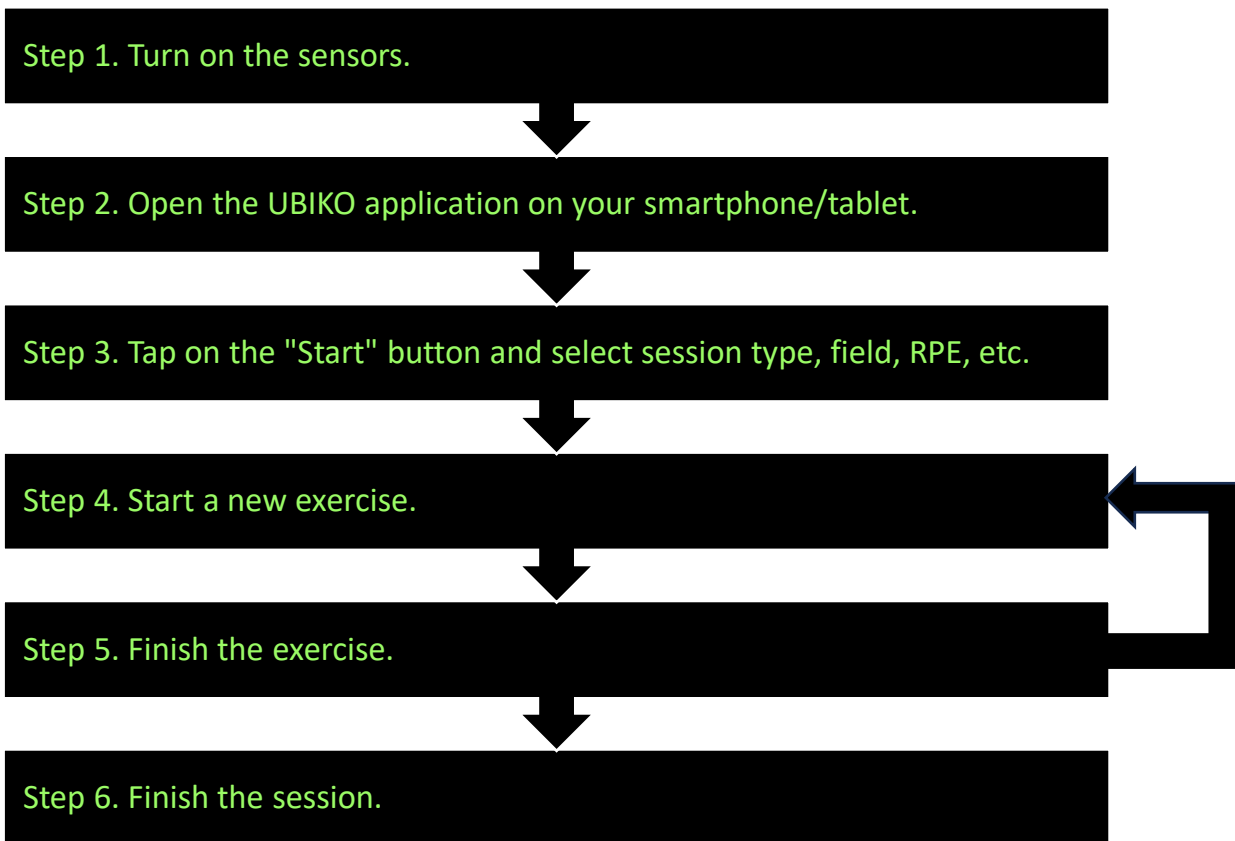
3. Management of playing fields

To create playing fields, follow these steps:

- Click on the "Fields" menu.
- Click on the "+ Add field" button.
- Enter a name for the new field.
- Enter the field's address and perform a search on the map.
- Once the field is located, click on the bottom right corner of the field and mark the following corners in a counterclockwise direction.
- Once completed, click on the "Save" button.



4. Real-time recording



Exercises completed

Exercise in progress

Players in motion

Active players information

Real-Time Sensor status

- Green: connect
- Yellow: connecting
- Red: disconnect

This information only displays the Real-Time status. If the sensor is on, data can always be obtained.

5. Post-session recording

Step 1. Initiate session recording

- Turn on the sensors:
 - o Firstly, press the power button.
 - o The LED will start blinking slowly.
 - o Wait for the sensor to synchronize with the GPS signal. The LED will start blinking faster. This process may take between 2 and 5 minutes.
- (optional) If you have shirts with a heart rate monitor, it will be necessary to connect the sensors to the metal connectors and moisten the two electrodes to ensure correct readings of the heart rate signal.

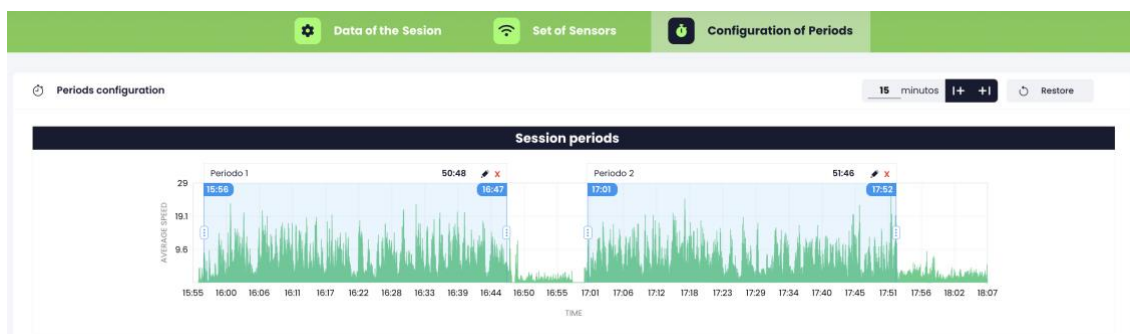
Step 2. End session recording

- Turn off the sensors by pressing the power button three times consecutively.
 - o The LED will turn off.
 - o At this point, you can proceed with the edition of your session on the web panel to generate reports.

Step 3. Editing the session on the web panel:

- Go to <https://play.ubikosports.com> and log in with your username and password.
- Click on the "New session" button.
- Enter the session details: Date, time, session type, session name, RPE (Rate of Perceived Exertion), and playing field.
- If the playing field doesn't exist, you can create it from this page or from the general menu option "Fields".

- Assign sensors to your players. If players have a default sensor assigned to their player profile, this assignment will be used. Otherwise, an automatic assignment will be made.
- Configure periods.



- *(Optional) You can enter external events that occurred during the match such as yellow cards, red cards, goals, and injuries. This way, you can have full control of additional events associated with your session.*

6. Technical support

For technical inquiries or issues with your devices, application, or web panel, you can contact us by sending an email to support@ubikosports.com.

UBIKO

ADVANCED SPORTS ANALYTICS

