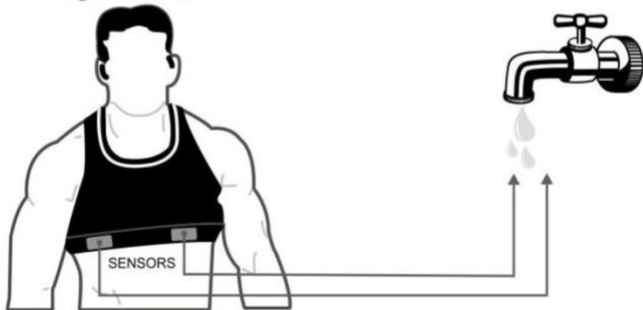


**CARE**

**CAUTION.**

**Do Not Use Dryer Or Hot Water For Washing**

- Wet the electrodes before wearing, it will be helpful for heart rate detecting.
- Attach the transmitter to the Conductive Built in Vest. make sure the transmitter is attached to the Vest in right direction.



**SIZE**

To ensure the best quality of ECG signal, the shirt size must be aligned with the athlete's chest size.

The size must be measured under the pectorals (same position as the belt strap).

Note:

The UBIKO HR shirt needs to fit tightly to work correctly. If stuck between sizes, we recommend you to select the smallest of the two sizes.

Size	Chest (cm)	Chest (inches)
XS	< 77 cm	< 30"
S	77 - 83 cm	30" to 32"
M	84 - 91 cm	33" to 36"
L	92 - 102 cm	37" to 40"
XL	> 103 cm	> 40"

